

# Call into a HYMS Video Conference as a guest

You can call Lifesize Cloud users even if you don't have a Lifesize Cloud account. You can also join a call from a non-Lifesize conference room system.

## Call from the Lifesize Cloud Desktop App

1. Open the Lifesize Cloud app and click Guest User.
2. Enter your name and the number of the person you want to call. The number uses this format: *extension@lifesizecloud.com*. You can [download the app here](#).

## Call from the Lifesize Cloud Web App

1. In your email or calendar invitation, click the link under Connect over video.
2. Type your name and click Next.
3. Select your video and audio options and then click Join.  
Call in Web Conferencing mode

You can join a Lifesize Cloud meeting on video and call in with your phone for audio.

4. In your email or calendar invitation, click the link under Connect over video.
5. Type your name and click Next.
6. Select your video, and under Select your audio, choose Call in by phone. Choose your location, and call in on your phone.
7. Click Join.

If you'd like to switch to your computer audio during the call, click on Switch to computer audio and hang up your phone. If you turn your camera off, you will still see and hear the call.

## Call from a third-party conference room system

You can make and receive calls or join meetings with any conference room system:

1. In your email or calendar invitation, click the link under Connect over video.
2. Click Downloads and other ways to call to access the meeting information.
3. Locate the IP address and extension listed under Call from a third-party conference room system.
4. Type in the IP address and wait for the prompt before entering the extension.

## Call from a phone

You can join a Lifesize Cloud meeting as an audio-only participant from your phone.

1. Call one of the phone numbers listed in the email or calendar invitation.
2. Enter the extension of the person, or meeting, when prompted.